

Home of the Crusaders!

Mary, Star of the Sea Catholic Academy

East Beach Drive & East Sunrise Highway

Freeport, Grand Bahama

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Follow us on **Facebook: Mary Star of the Sea Catholic Academy**

Our Vision: Mary, Star of the Sea Catholic Academy students will:

- *master grade level content standards,
- *use critical thinking and problem solving strategies,
- *develop effective communication skills,
- *and demonstrate positive and democratic social interactions.



Upcoming Events


3rd Term School Fees: PAST DUE

- 1) ELC Retreat Day
April 26, 2024
- 2) Grade 7 Mass & the
Crowning of Mary
May 6, 2024
- 3) MSSCA Open House for
potential new parents &
students
May 10, 2024
10 a.m. – 12:00 noon
- 4) MSSCA Entrance Exam for
Grades 7- 11
- 5) Mother's Day
May 12, 2024
- 6) Final Parents' Meeting
May 14, 2024
- 7) Whit Monday Holiday
May 20, 2024
- 8) Teachers' Appreciation Day
May 24, 2024

Finish the year strong!

What is Test Anxiety?

- ◇ Students who experience test anxiety from the cognitive perspective are worriers lacking self confidence.
- ◇ They may be preoccupied with negative thoughts, doubting their academic ability and intellectual competence (Sarason & Sarason, 1990).



3 Tips to Support your Child this Exam Season

- 1. Don't Compare**
Is your reference point of success always someone else?
Is that helpful in raising confident children to succeed beyond exams?
- 2. Acknowledge Anxiety**
When you dismiss your child's anxiety, the message you're conveying to them is that they're all alone and they have to deal with their anxiety by themselves."
~ Dr Chinwe Williams
- 3. Share the Calm, not the Chaos**
If you are stressed, your child gets stressed too. Breathing is the No. 1 calming technique.



CALVARY COMMUNITY CARE

TUITION INFORMATION

3rd Semester Fees are now due.

MSSCA Primary School Total Fees Per Term: **\$1, 155.00**

MSSCA Secondary School Total Fees Per Term: **\$1, 325.00**

***Parents, with outstanding balances for the first term are asked to bring their accounts up-to-date.**

ALL tuition payments are to be made at TUITIONPAY.IO. If you need assistance with the platform, please contact the school's office.

MSSCA Assertive Discipline Plan Reminders

1. Female Students' Hair:

Proper hair styles(s)

No weaves or wigs

No dyes, no streaks, no highlights, no lowlights

No beads or hair adomments

No Faux locks, no two-strand twists, no crochet braids, no goddess braids, no Marley braids, no faddish braids

Braids with extensions are privilege and not a right. Only 3-strand braids are permitted and must be worn at shoulder length

2. Male Students' Hair:

Proper hair styles(s)

Traditional haircut

Hair must be kept short and neatly trimmed

Hair must not cover eyebrows, necks and foreheads

No dyes, no streaks, no highlights, no lowlights

No beads or hair adomments

No locks, no ponytails, no pigtails, no faddish designs or parts

No braids

No afros

No sideburns/must be clean-shaven

3. TARDINESS

Attendance is taken at 8:20 a.m. during the morning homeroom session. Any scholar not present in the homeroom at this time is considered late.

4. NO CHEWING GUM ZONE: Mary, Star of the Sea Catholic Academy is a “**Chewing Gum FREE ZONE**”. Scholars found in violation of this rule will face the following consequences: First Offense – Saturday Work Detention. Second Offense – One Day Suspension from school. A continued defiance of this rule will result in an EXPULSION.

5. ELECTRONIC DEVICES: 8. Electronic devices (including, but not limited to: cellular phones, digital camera, CD players, electronic gadgets and games) ARE NOT permitted on Mary, Star of the Sea Catholic Academy’s campus without administrative authorization. **Scholars will not bring or wear ear buds or headphones at any time on the campus.** All laptops, Ipads and tablets must be registered in the high school office. If a scholar violates this policy, the device will be confiscated. Confiscated items WILL NOT be returned to any scholar or parent. The confiscated item becomes the property of Mary, Star of the Sea Catholic Academy and The Bahamas Catholic Board of Education.

P.E. Uniform

The MSSCA PE kit is available at the high school office. The cost of the P.E. kit, which includes the shirt and shorts, is \$40.00. Sizes will range from youth x-small to adult 3 x-large. All students must be properly attired for PE classes. All sizes are now in stock.

MSSCA Recess & Lunch

*Microwave ovens in the classrooms are prohibited. The school is unable to accommodate students whose lunch requires the use of a microwave.

*Parents, guardians, and family members are not allowed to bring lunch to the school for students.

*MSSCA has a daily hot-lunch program. The school's lunch orders are done within the homerooms/classrooms. The menu will be shared at the end of next week.

*If you do not wish for your child to participate in the school's lunch program, please ensure that he/she has a packed lunch on a daily basis.